



Montana Parkinson's Support Groups

During COVID, please choose a virtual group for your own safety and the safety of others.

Please contact the facilitator before attending the first time.

City	Day of Month	Meeting Time	Facilitator	Contact Info	Meeting Location	Notes
Statewide			Center for Chronic Illness	info@thecenterforchronicillness.org	Virtual	Offers groups such as "Living Mindfully w Chronic Illness, "Rare Chronic Illness" etc
Statewide			Miran Hothi	206.946.6519; miran@nwpf.org	Virtual	DBS Connect: "Bionic Brain Club" Sponsored by NW Parkinson's Foundation
Bozeman (Gallatin)	2 nd Thursdays	2-4 PM	Lesley Bredvik	406.599.2622 Lbredvik@gmail.com	Evangelical Free Church of Bozeman	People w PD & Carepartners
Great Falls (Central Montana)	4 th Tuesdays	12:30-2 PM	Sandi Dick (Presidents Steve & Karen Gonser)	406.454.3530 Sandidick@outlook.com	First Baptist Church	On Hiatus as of 3.15.21
Hamilton	3 rd Mondays	1-2:30 PM	Ginny Wigen	406.544.9186 Vowigen@gmail.com	Saffire Lutheran Home	Hoping to start meeting with masks in March 2021. People w PD & Carepartners
Helena	2 nd Thursdays	1:30-3 PM	Cindy Baril (hosted by Nanette Whitman-Holmes from Touchmark)	406.438.1002 Cbaril6870@gmail.com	Virtual Touchmark on Saddle Drive	



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Kalispell (Flathead Valley)	3 rd Wednesdays	1:30 PM Mountain	Marjory McClaren & Lynnell Gravelle	Marjory: 406.250.5577; Marjmccl@yahoo.com Lynnell: 406.756.7250; lynnell@arspt.com https://flatheadvalleyparkinsons.com/	Zoom (formerly Gateway Comm Ctr United Way Conference Rm North)	People w PD
Kalispell (Flathead Valley)	4 th Wednesdays	1:30 PM Mountain	Lynn Woods	Lynwoods@gmail.com https://flatheadvalleyparkinsons.com/	Zoom (formerly Gateway Comm Ctr United Way Conference Room)	Carepartners
Missoula	2 nd Thursdays	1-3 PM	Cheryl Schwenk	406.370.1272 Tcschwenk@bresnan.net http://www.missoulapdsupport.org/	Ronald McDonald House Conference Room	Sept – May only. People w PD & Carepartners
Townsend	2 nd Tuesdays	2 PM	Brian Supalla	406.266.1398 Bsupalla95@outlook.com	Trailhead Fellowship Church	On Hiatus as of 3.2021 - contact facilitator if interested.
Statewide			Alzheimer's Assn of Montana	Alz.org		Dementia-related support groups