



IDAHO Parkinson's Support Groups

During COVID, please choose a virtual group for your own safety and the safety of others.

Please contact the facilitator before attending the first time.

City	Day of Month	Meeting Time	Facilitator	Contact Info	Meeting Location	Notes
Statewide			Center for Chronic Illness	info@thecenterforchronicillness.org	Virtual	Offers groups such as "Living Mindfully w Chronic Illness," "Rare Chronic Illness" etc
Statewide			Miran Hothi	206.946.6519; miran@nwpf.org	Virtual	DBS Connect: "Bionic Brain Club" Sponsored by NW Parkinson's Foundation
Boise	Every Wednesday	3-4 PM Mountain	Robyn Parrish	208.891.3721 Info@pmdaidaho.org	Zoom	Weekly Music for Movement
Boise	3 rd Thursdays	6-7 PM Mountain	Robyn Parrish	208.891.3721 Info@pmdaidaho.org	Zoom	Newly Diagnosed Info Meeting RSVP Required People w PD & Carepartners
Boise	3 rd Wednesdays	2-3 PM Mountain	Jeff Brauer	208.407.6645 lbraftn@hotmail.com	MorningStar Senior Living	(Check with facilitator to see if they are meeting – as of 3.15.21)
Caldwell Middleton	4 th Mondays	12-1:30 PM Mountain	Mary Biddle-Newberry	208.344.5502, x 276 Mary.biddle@ymcatvidaho.org	Caldwell YMCA	Delay the Disease is happening, but support group has not restarted as of 3.2.21. People w PD & Carepartners



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Coeur d'Alene	1 st Thursdays	1-2:30 PM	Beth Hatcher	208.635.5243 cdaparkinsons@gmail.com	Currently meeting at: Elk's Lodge	CDA Parkinson's Support Group. PWP and caregivers. Also Tai Chi, Singing for Wellness & Joy, Delay the Disease
Coeur d'Alene	3 rd Thursdays	1 PM	Beth Hatcher	208.635.5243 Hatcherbeth@hotmail.com	Currently meeting at: MacKenzi River Grill	Women w PD
Coeur d'Alene	Every Thursday	12 PM	Beth Hatcher	208.635.5243 cdaparkinsons@gmail.com	Currently meeting at: Elk's Lodge	Moving to Music.
Idaho Falls	1 st Tuesdays	2:15-3:30 PM	Sandi Gordon	208.529.8600 x 375	Apple Athletic Club	
Jerome/ Magic Valley	2 nd Wednesdays	1:30-3 PM	Nancy Turley	404.695.0003	Jerome Library	On Hiatus as of 3.2021
Lewiston/ Clarkston	2 nd Mondays	1:30-3 PM	Jennifer Ford	208.799.5219; lcvalleyparkinsonsresource@gmail.com	Meeting Virtually & In person concurrently. St Joseph Regional Cancer Center	
Meridian	Quarterly on a Wednesday	11:30 AM	Kari DePaolo, Health and Fitness Director	208.319.5264; kari.depaolo@touchmark.com	Touchmark at Meadow Lake Village Grand Lodge	As of 3/2021, group is restarting for Touchmark residents only.
Moscow	Last Wednesdays	2-3:30 PM			Zoom (formerly Good Samaritan Village)	Last meeting Wed, 3/24/21. In



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						need of new facilitator.
Pocatello	2 nd Mondays	11AM-Noon	Carolyn Weber & Spencer Stucki	Carolyn: 505.412.8384 Spencer: 208.604.3393	Virtual Monte Vista Hills Rehab	People w PD & Carepartners
Sandpoint	2 nd Mondays	2-3:30 PM	A.C. Woolnough	208.304.5756 Acwooly@gmail.com	Occasional Virtual Meeting (formerly Sandpoint Library)	PowerPAC People with PD & Carepartners
Statewide			Alzheimer's Assn of Greater Idaho	Alz.org	Online	Dementia related support groups