



@NWParkinsons

#WalkForParkinsons2019

#PurpleForParkinsons



Spread the word!

Here are some ways to share **Northwest Parkinson's Day** with your friends on Social Media:

- Include a photo!

Use your pictures from last year's Walk, or post one of ours (see next page).

- Let your friends know how to sign up:

WalkForParkinsons.org, or call Ania at 206.946.6518.

- Tag Northwest Parkinson's!

 Northwest Parkinson's Foundation

  @NWParkinsons

- Include some hashtags in your post:

- #WalkForParkinsons2019
- #PurpleForParkinsons
- #NWParkinsons
- #IWalkFor____ (fill in the blank: for example, #IWalkForMyDad)



How do I talk about the Walk?

Copy and paste any of the following lines into your social media post:

Walk for Parkinson's with us! On Sat May 11, our team is raising awareness and funds for communities impacted by Parkinson's in the Northwest. Register at WalkForParkinsons.org #WalkForParkinsons2019 @NWParkinsons

Join me in supporting our family, friends, and neighbors with Parkinson's - sign up to #WalkForParkinsons2019 today! WalkForParkinsons.org or Call 206.946.6516 to sign up @NWParkinsons

Walk with me on Northwest Parkinson's Day! I'm helping raise awareness for people impacted by Parkinson's in our community. Sign up & get a T shirt at WalkForParkinsons.org @NWParkinsons #PurpleForParkinsons

On Saturday May 11, I'm walking for _____. Join me and @NWParkinsons for #WalkforParkinsons2019 - sign up at WalkforParkinsons.org

Feel free to modify any of the above to suit your needs, or create your own! Just make sure to tag @NWParkinsons and use one of our hashtags.

 NORTHWEST PARKINSON'S DAY
Social Media!



Photos from Walk for Parkinson's 2018

